

2024 Annual Conference on Independent Living
BACK TO THE FUTURE

Presented by the National Council on Independent Living

# HOW TO BUILD A SUCCESSFUL YOUTH PROGRAM

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>> SLIDE 3:

### Background of Youth Transition Program

Center for Independence (CFI)

Central Washington Disability Resources (CWDR)

### >> SLIDE 4: Program Development

- Building from the ground up
- Youth led/disability peer led is ideal
- Curriculum <a href="https://www.cctstfolio.com/#/">https://www.cctstfolio.com/#/</a>
- Identify potential community partners
- CFI's program
- CWDR's program

#### >> SLIDE 5: Outreach

- Marketing materials
- Building relationships in the community
- Building connections with the schools
- Reaching underserved populations
- Reaching people with different disabilities

### >> SLIDE 6: Engagement

- Building relationships with youth
- Seeking input from participants
- Creating a welcoming and safe space
- Creating leadership opportunities
- Youth activities and icebreakers

### >> SLIDE 7: Emphasizing IL Philosophy

- Self-determination
- Participant driven
- Empowerment- self-advocacy
- Informing youth to make their own decisions
- Peer model
- Sign Consent/Release of Information

#### >> SLIDE 8: Outcomes

Success stories

• Testimonial:

Zoey Majors (They/Them), current Board Chair for Central Washington Disability Resources, former youth participant

#### >> SLIDE 9: Collaboration

- Collaborating with other CILs in your state
- Utilizing resources for support
- Collaborating with other organizations

### >> SLIDE 10: Staff Training

- DEIA training
- Youth Conferences
- De-escalation training
- Mental Health training

### >> SLIDE 11: Funding and Increasing Capacity

- ACL, Part B or C
- Foundation grants
- Fee-for-service
  - Division of Vocational Rehabilitation IL services
  - Pre-Employment Transition Services

## >> SLIDE 12: How are you serving youth?

- •What has been successful?
- What challenges have come up?
- •What are your visions for a youth program?

### >> SLIDE 13: Questions??



#### **Image Description:**

A group of youth with visible and invisible disabilities posing for a photo in front of the University of Washington fountain.

#### >> SLIDE 14: Contact Information

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